

## Core Kids Child Minding Policy and Procedure



By taking part in our Child Minding service, you are expected to follow our policies and procedures. If you have questions or concerns, please contact April Yutzy-Kuhl at [april@core-fitness.ca](mailto:april@core-fitness.ca), or leave a message for her with the Core Fitness front desk staff and she will contact you.

**This is a supervised play service. We are not a licensed child care service.**

### Purpose

To provide a fun and safe environment for children ages six months to school age (maximum age: 6), and help provide more opportunities for parents to enjoy a workout without the extra task of finding child care.

### Cost

The fee is \$3 per child, per hour time slot. Payment is to be made at the time the child is dropped off. There will be a money drop-box in the Core Kids area where the parent is to put in exactly \$3 cash per child. Please do not give money to the Child Minders, as their focus is to take care of the children. See Core Fitness front desk staff if you need to make change in order to pay.

### Registering and Scheduling

Parents must complete a registration form and waiver form prior to their first visit. These can be found on our website or picked up at the front desk. Once completed, please either email them to [info@core-fitness.ca](mailto:info@core-fitness.ca) or hand them in at the Core Fitness front desk.

Parents must use the Acuity Online Scheduler to schedule/book each visit. This is to ensure there are spots available and there are enough Child Minders to care for the children at all times. The scheduler can be found at: <https://corefitness.acuityscheduling.com/> or use the link on our Core Fitness website.

When scheduling/booking your child's visit, make sure to schedule each child you are bringing. For example, if you are bringing three children, you must book three spots (more specific instructions are included for you to follow on the scheduling page).

Each scheduled time slot is a pre-determined one-hour slot. The time slots are on the hour, every hour. This means you are only reserving your child's spot for that specific hour and are expected to pick your child up no later than the end of the time slot. For example, if you book your child in from 9AM-10AM, you must pick your child up by 10AM, even if you only arrive at 9:20AM.

If you've booked a spot but are unable to attend, please make sure to cancel each spot you have booked using the online scheduler *as soon as possible* so others can use the spot you no longer need. You are not expected to pay for cancellations.

## Illnesses

If your child is experiencing any of the following ailments or symptoms, we ask that you not bring them until their symptoms have subsided: cold, flu, fever, rash, vomiting, diarrhea, upset stomach. Please understand that we cannot permit your child's entry if they are displaying these symptoms for the health and safety of other children and our Child Minders.

If you have already scheduled your child in for their next visit but your child becomes ill, please make sure to cancel the visit using the Acuity online scheduler, as soon as possible, so the spot can become available for another child to use.

## General Rules and Expectations

Parents are required to stay in the building at all times.

Parents are responsible for their child when he/she is outside of the Core Kids play area. Make sure your child is not touching gym equipment or being disruptive to other members. **Children are not allowed on, or around, the gym equipment.**

Child Minders do not change diapers and do not accompany children to use the washroom. If your child needs a diaper change or needs to use the washroom, either the Child Minder or Core Fitness Staff will come find you. There is a change station in the Women's change room.

There is no food allowed in the Core Kids play area. If your child needs a bottle during her/his visit, please provide this information to the Child Minders and they will give your child a bottle as per your instructions.

All the toys in the Core Kids play area are safe for children six months and up. We discourage children to bring their own toys from home.

Parents are expected to follow the instructions provided in the Core Kids play area for drop-off and pick-up procedure.

Please be respectful of our Child Minders, other parents, and other children.

*~ Thank you for using our facility and services! ~*

*It is our hope that these specific policies and procedures will help to ensure an organized and safe environment for your child! We trust you will find our Child Minding service beneficial and convenient.*

### Steps to complete for Child Minding Service:

- ✓ Read our Policy and Procedures
- ✓ Complete our Registration Form
- ✓ Complete our Waiver Form
- ✓ Schedule each child via our online scheduler

**All our Core Kids Child Minding forms can be found at our front desk or at [www.core-fitness.ca](http://www.core-fitness.ca)**

298 Main Street. Winkler.  
T: 204-325-9084  
Website: [www.core-fitness.ca](http://www.core-fitness.ca)  
email: [info@core-fitness.ca](mailto:info@core-fitness.ca)

